Classic French pastries reinvented for vegans!

Croissants, macarons, custard, mille-feuilles, financier, opera cake...

All dairy-free!

More than 80 recipes and step-by-step photographs to make sure that you learn all the essential skills.

A vital ally for any beginner or seasoned vegan pâtissier!

About the author

After working as a pastry chef at “Gentle Gourmet” (a famous Parisian vegan gourmet restaurant), Bérénice Leconte has now opened her own vegan bakery at the heart of Paris: “VG pâtisserie”.

Pâtisserie vegan
252 pages • 19 x 26 cm
Flexibound
More than 200 colour photographs
Retail price: € 24.95

PREPARER UNE CRÈME AU « BEURRE »

Les crèmes peuvent être utilisées dans de nombreuses recettes de pâtisserie. Voici une recette de base de crème au beurre, délicate et onctueuse, que vous pouvez adapter en la parsemant d’extrait de café, de vanille, d’épices, de fruits... Vous pouvez également l’utiliser comme garniture de gâteaux ou comme glaçage.

Temps de préparation : 20 min

Ingrédients pour 400 g de crème
• 200 g de margarine végétale
• 80 g de sucre glace
• 10 cl de crème végétale à fouetter
• Arôme (facultatif) : extrait de café, chocolat fondu, extrait de vanille, etc.

1. Dans la cuve du batteur muni de l’accessoire “fouet”, battez la margarine avec le sucre glace jusqu’à obtenir une crème lisse. Réservez dans un saladier.

2. Versez la crème à fouetter froide dans la cuve du batteur et battez jusqu’à obtenir une texture ferme.

3. Mélangez au fouet les deux crèmes afin d’obtenir une crème au “beurre” mousseuse.

4. Réservez au réfrigérateur le temps que la crème se solidifie.

LES CRÈMES
VEGAN CANDIES

Sandrine Costantino
Photography Caroline Feraud

Learn how to make your favourite childhood candy at home: vegan and organic of all shapes, colours and textures! 100% natural and easy to make, discover 30 illustrated recipes that will satisfy everyone’s sweet tooth.

Bonbons vegan
160 pages • 15 x 20 cm
70 colour photographs - Illustrations
Retail price: € 15.00

VEGAN FOR BEGINNERS

Marie Laforêt

All the essential recipes to help you take the plunge into veganism.

A reminder of all the essentials of vegan cooking (ingredients, substitutes...), followed by 45 basics of vegan cooking, with step-by-step photographs of recipes.

Vegan pour débutant
224 pages • 19 x 26 cm
More than 100 colour photographs
Retail price: € 19.95
A GREAT VEGAN CHRISTMAS

Christmas dinner, an ordeal for vegans? Not anymore with these 50 recipes crafted by the best vegan writers.
A festive book to veganize Christmas!

Un grand Noël vegan
144 pages • 17 x 24 cm
60 colour photographs
Retail price: € 13.50

Assortment of writers
Photography Carolin Strothe

MERRY VEGAN CHRISTMAS
Rights sold: USA

VEGAN CHRISTMAS
Rights sold: Italy, Germany, USA
Learn to make your own food dye: 100% natural, in powder or liquid form, using fruits, vegetables, spices, flowers...
A pink or purple themed birthday party? A classy cocktail party in dark hues? Multicoloured macaroons, sweets or cakes?
Follow the guide!

Cuisiner en couleurs
108 pages • 16 x 22 cm
25 colour photographs
Retail price: € 13.50

MY LITTLE DAIRY SHOP

Sébastien Kardinal
Photography Laura VeganPower

25 recipes to veganize your favourite dairy products: milk, butter, cheese... You will also learn to master the rules of fermentation, curdling, cheese ripening...

On the menu: Ricotta, parmesan, mozzarella, hempseed milk, cashew cream...

From the same author: see Aquafaba page 18 and The vegan butcher shop page 28

Ma petite crèmerie vegan
72 pages • 16 x 22 cm
25 colour photographs
Retail price: € 9.95

AQUAFABA

Rights sold: Italy, Spain

THE VEGAN BUTCHER SHOP

Rights sold: Germany, Italy, Spain
The best way to host a 100% vegan dinner party? The apéro dinatoire!

Fill your table with avocado waffles, sweet potato toasts, pretzel filled with rocket pesto... and follow the advice of our oenology expert to pair your appetizer with the right vegan wine.

Apéro veggie
72 pages • 16 x 22 cm
25 colour photographs
Retail price: € 9.95

Claire Brachet, expert in œnology proudly presents the first book to inventory all vegan and plant-based french wines!

Showcasing about a hundred organic wines produced without any animal by-product (albumin, gelatin, casein) Each wine is paired with a vegan menu and other meals ideas!

Le guide Brachet des vins vegan et végétaliens
192 pages • 13 x 23 cm
Retail price: € 15
Cheeky vegan takes on the myth of animals being killed with “respect”: farmers, business owners, slaughterhouses workers... No one is safe from her caustic humour!

Rosa B.
Breakfast is a critical time for people who have a gluten intolerance. Valérie Cupillard went through the staples of breakfast to re-create cakes, bowls and pastries that are both quick and easy to make, to start the day smoothly.

50 petits-déjeuners sans gluten
Valérie Cupillard

Patates douces
Clea
Photography d'Émilie Gaillet

Discover the sweet potato, versatile and with a low glycemic index, this root vegetable is perfect for main courses, drinks, desserts... Clea revisited classics such as mac and cheese, hummus, muffins or sweet potato pie : overall, 30 recipes to enjoy a tasty meal with this vegetarian cuisine staple.

Patates douces
72 pages • 16 x 22 cm
25 colour photographs
Retail price : € 9.95

Scones aux ananas, orange et chocolat
Scones au cantaloupe, orange et chocolat
FERMENTED DRINKS
Linda Louis

From famous classics such as kefir or kombucha to ginger ale, all the key recipes to make delicious beverages filled with vitamins and probiotics.

Good for your palate as well as for your health!

Boissons fermentées
72 pages • 16 x 22 cm
25 colour photographs
Retail price: € 9.95

LOW CARB
Magali Walkowicz

When combined with a vegan diet, a low-carb diet (that aims at reducing carbohydrates) can allow you to lose weight without the drawbacks of over high-protein diets.

Magali Walkowicz is a dietetician specialized in excess weight problems.

Low Carb
160 pages • 14 x 21 cm
Retail price: € 12

INTESTINE
Véronique Liégeois & Ljiljana Milosavljevic

Yet another book on intestines? Yes, because this is the only one that offers a vegetarian answer to constipation, colitis, and bloating.

Véronique Liégeois is a dietetician and author of many books on nutrition.

Intestin
160 pages • 14 x 21 cm
Retail price: € 12

Rights sold: Spain
The second book published on this wonderful utensil, more and more used to squeeze and blend fruits. Different modes and paces to preserve the ingredient’s inherent qualities.

**Extracteur de jus**

72 pages • 16 x 22 cm
25 colour photographs and 13,000 words
Retail price: € 9.95

*Rights sold: Spain, Germany*

---

*Jams and fruit butters.*

---

The first book published on this wonderful utensil, more and more used to squeeze and blend fruits. Different modes and paces to preserve the ingredient’s inherent qualities.

- **Soups and juices:** wheat germ juice, green smoothies, pomegranate or almond juice...
- **Condiments and dishes:** hummus, sesame seeds purée, fresh pasta, balls...
- **Desserts:** cocoa-hazelnut spread, vegan ice creams, truffles, jams...

**Extracteur de jus**

72 pages • 16 x 22 cm
25 colour photographs and 13,000 words
Retail price: € 9.95

*Rights sold: Spain, Germany*
A practical book that combines yoga and running to help joggers improve their performance: breathing exercises, mental, improving weight distribution thanks to yoga poses...
For beginners and experienced runners.

Yoga pour runner
192 pages • 17 x 24 cm
More than 100 colour photographs
Retail price: € 19.95

From theory to practice, you will discover the yogi philosophy of vegan diet and recipes for every time of the day.
Enjoy delicious meals between two yoga sessions!

Yogi food
160 pages • 15 x 20 cm
More than 100 colour photographs
Retail price : € 15.00
GRAND TRAIL
Alexis & Frédéric Berg

320 pages • 30 x 24 cm
300 colour photographs
30,000 French words
30,000 English words
Retail price: € 49.50
Rights sold: English

A 320 pages coffee table book which aims to share the trail runners spirit and the intense passion of this sport, to reflect the desire to surpass oneself, to understand the motivations, sometimes intimate, sometimes metaphysical... In one word: to share the beauty of this exceptional discipline.

About the authors
• Frédéric Berg is the assistant editor-in-chief of Nature Trail, a french specialized magazine. Trail runner himself, he finished, among other ultra-trail races, La diagonale des fous three times, and the mythical race UtMB (Ultra-Trail du Mont-Blanc), twice. 
• Alexis Berg is a photographer and journalist. He is the Ultra-trail World tour’s official photographer in 2015. The photographs were taken during several trail races of the same year.

Trail running is getting widely popular, in Europe and all over the world: within 5 years, the number of people registered in the main train running races surged by 60 %!
• The 13 biggest trail running races in the world, and for each one, topographic maps with elevation profile: the Ultra-Trail du Mont-Blanc, the Ultra-Trail Mt. Fuji, La diagonale des fous, the Vibram Hong Kong 100 Ultra Trail Race, the Tarawera trail in New Zealand...
• 13 portraits of the most famous trail runners: Kilian Jornet, Ryan Sandes, Ana Frost, Nuria Picas, Scott Jurek...
• 13 thematic chapters: nutrition, ‘trail spirit’, equipment, night races... Practical information and testimonies, highly illustrated.
MAKE YOUR OWN MONTESSORI MATERIALS
Laurence Loiseau-David

Learn to make 22 beautiful objects imagined by Maria Montessori to guide your child from their birth to their 6th birthday, to help in everyday activities and through learning phases: dressing frames, place mats, grasping beads...

With a pull-out pattern sheet.

Je fabrique mon matériel Montessori
144 pages • 17 x 24 cm
Pull-out pattern sheet
Many photographs and diagrams
Retail price : € 19.95
Emilie’s basics

Emilie Pouillot - Ferrand

A brand new collection by Emilie Pouillot-Ferrand, writer of Sewing: introduction and improvement. For every volume you will find pull-out sewing patterns from S to XXL and a booklet with explanations about haberdashery, the different types of fabrics you can use and specific advice to adjust the patterns to your morphology.

- Raglan dress
- Classic trousers
- The little cardigan
- Raglan dress

Les basiques d’Émilie
48 pages • 19.5 x 25 cm
1 or 2 sewing pattern
Retail price: € 14.95
SEWING
introduction and improvement
Emilie Pouillot - Ferrand

• Learn all about haberdashery supplies, the technical vocabulary specific to sewing, the tricks about using certain types of fabrics or machines...
• Learn how easy it is to install a zipper, to create puffed sleeves or different types of collars with more than 100 illustrated step-by-step instructions.
• Several interviews with sewing and design professionals that share their secrets and will give you an insight on the fascinating world of the fashion industry.

Coudre, initiation et perfectionnement
352 pages • 19 x 26 cm
Retail price: € 29.95

How to sew stretch fabrics
Marie Poisson

The reference on stretch fabrics!
Knitwear, jersey, interlock, stretch... Marie Poisson shares with us her best techniques to master the art of sewing these popular fabrics with step-by-step photographs, basic models to decline, tutorials and pull-out sewing patterns.

Coudre le stretch
160 pages • 17 x 24 cm • 32,000 words
2 pull-out sewing patterns
Retail price: € 24.95
Sewing for my little boy
Maud Vadon

• Parka, Bermuda shorts, sleeveless jacket, jeans, romper suit... A complete wardrobe for all seasons!
• 20 patterns with step-by-step instructions and cute photographs of our little models.
• 6 different sizes for toddlers from 3 to 24 months.

At last a sewing book entirely dedicated to our little boys!
Maud Vadon, mother and skilled seamstress, grew tired of the lack of patterns for little boys and decided to share her ideas for chic and practical clothes.

C’est un garçon !
144 pages • 17 x 24 cm
2 pull-out sewing patterns
Retail price : € 24.95
COSMETICS WITH COCONUT OIL
Stellina Huvenne

29 easy cosmetics recipes to make at home with coconut oil: day cream, aftershave balm, shower gel, shampoo, deodorant...

Coconut oil is famously great for nourishing, softening, rejuvenating and repairing. Make the most of these amazing properties while controlling the components of your cosmetics.

Cosmétique à l’huile de coco
72 pages • 16 x 22 cm
25 colour photographs
Retail price: € 9.95
Rights sold: Germany

SOLID COSMETICS
Stellina Huvenne

Perfume, shampoo, toothpaste, moisturizer, deodorant...
Solid cosmetics are easy to make, to transport, to preserve... and make perfect gifts!

Using shea butter, essential oils... and muffin tins, you are going to create in your kitchen products that will be both natural and efficient, because they will contain more active ingredients than in liquid form.

28 healthy, ethical and zero waste cosmetics, guaranteed to be good for your skin and hair.

Cosmétique solide
72 pages • 16 x 22 cm
25 colour photographs
Retail price: € 9.95
These 20 colouring pictures were designed to help and incite women and teenagers to cast a new vision on their genital, an aesthetic, poetic, and even repairing vision.

The book includes:
- An anatomic and poetic introduction specifically purposed for teenagers,
- 20 colouring pictures,
- On the flap of the book: a cut-out pattern, in order to create one’s own mandalas.

Hélène Goninet is a midwife and sexologist.